

EXAM SYLLABUS

JKSSB Female Supervisor Syllabus 2026 Specialisation

6 subjects · 85 topics · 120 min · 120 marks

JKSSB Female Supervisor Syllabus 2026 for Specialisation paper (60 marks). Covers Human Development, Rights, Social Issues, Schemes, Nutrition, Health & Hygiene.

WHAT TO STUDY FIRST

Begin with the Specialisation paper as it carries the highest weightage (60 marks). Focus on understanding core concepts of human development, social issues, and government welfare programs. After establishing a strong foundation in the specialization, move to General Awareness (20 marks), with a particular emphasis on J&K UT specific information, current events, and Indian Polity. Allocate remaining time to General English, Reasoning, General Science, and Computer Applications, ensuring consistent practice across all sections.

EXAM PATTERN

120 min · 120 questions · 120 marks · MCQ / Objective

Written Objective Type Test

Marking: +1 mark for each correct answer. No marks deducted for unanswered questions.

Negative: No negative marking.

General Awareness with special reference to J&K UT

20 Q · 20 marks

MCQ

General English & Comprehension

10 Q · 10 marks

MCQ

General Intelligence & Reasoning

10 Q · 10 marks

MCQ

General Science

10 Q · 10 marks

MCQ

Computer (Application based)

10 Q · 10 marks

MCQ

Specialization

60 Q · 60 marks

MCQ

- Objective type written test.
- No interview for selection.
- Exam duration: 120 minutes.
- Medium of examination: English.
- Specialization section carries 60% weightage.

01 Specialisation

31 topics · 60 marks

RECOMMENDED BOOKS

— NCERT Sociology

— Textbooks on Social Work and Psychology

— Government Reports on Social Welfare Schemes

- 1 Unit-1: Society and Social Structure (10 Marks)
- 2 Society, Community, Association
- 3 Social Stratification: Caste, Class and Social Stratification in India
- 4 Social Institutions: Norms, Values, Folkways and Mores
- 5 Marriage, Kinship and Family
- 6 Social Change: Industrialization, Globalization, Modernization
- 7 Unit-2: Human Development & Psychology (10 Marks)
- 8 Stages and theories of Human development (Freud, Erikson)
- 9 Socialization and its theories
- 10 Anxiety disorders: Phobia, OCD, GAD, Panic disorder, PTSD
- 11 Gender inequalities and issues
- 12 Gender law & Human rights
- 13 Unit-3: Human Rights & Social Issues (10 Marks)
- 14 Human Rights: Concept and Evolution
- 15 Universal Declaration of Human Rights
- 16 Understanding sex, Gender, Sexual division of labour
- 17 Women rights / Child rights
- 18 Social evils – Child abuse, Child labour, Female feticide, infanticide and Drug Addiction
- 19 Poverty and unemployment
- 20 Population explosion, Global warming and Climate Change
- 21 Trafficking, Beggary, Corruption
- 22 Unit-4: Social Problems & Development (10 Marks)
- 23 Indicators of social development
- 24 Unit-5: Nutrition, Health & Hygiene (10 Marks)
- 25 Health and Family Welfare Programs
- 26 Early childhood care and education
- 27 Unit-6: Government Schemes & Welfare Programmes (10 Marks)
- 28 Ladli Beti Schemes, State Marriage Assistance Scheme etc.
- 29 Poshan Abhiyan, Poshan Tracker, Poshan Vatikas, Supplementary Nutrition Program

30 PMMVY, SAG, JSY, NHM

31 Paalna

02 General Awareness (Special Reference to J&K UT)

9 topics · 20 marks

RECOMMENDED BOOKS

— Lucent's General Knowledge

— Manorama Year Book

— NCERT History and Polity Books

— J&K UT specific publications

- 1 Indian History, Culture, Heritage and Freedom Movement
- 2 Current Events of National Importance
- 3 Indian Constitution: Preamble, Fundamental Rights, Fundamental Duties, Directive Principles of State Policy
- 4 Political and Physical Divisions of India
- 5 Demography: Census, Features and Functions
- 6 Weather, Climate, Crops and Transport System of India
- 7 Environment, Ecology and Biodiversity
- 8 Jammu & Kashmir UT: History, Geography, Economy; Heritage and Culture
- 9 J&K Reorganisation Act, 2019

03 General English & Comprehension

11 topics · 10 marks

RECOMMENDED BOOKS

— High School English Grammar and Composition by Wren & Martin

— Objective General English by S.P. Bakshi

- 1 Tenses
 - 2 Jumbled Sentences
 - 3 Narration
 - 4 Modals and Articles
 - 5 Clauses
 - 6 Synonyms and Antonyms
 - 7 Pair of Words and Usage
 - 8 Idioms and Phrases
 - 9 Prepositions
 - 10 Active and Passive Voice
 - 11 English Grammar & Vocabulary
-

04 General Intelligence & Reasoning

16 topics · 10 marks

RECOMMENDED BOOKS

— A Modern Approach to Verbal & Non-Verbal Reasoning by R.S. Aggarwal

— Analytical Reasoning by M.K. Pandey

- 1 Basic Arithmetic
- 2 Number System
- 3 Percentage
- 4 Average
- 5 Profit and Loss
- 6 Ratio and Proportion
- 7 Time and Work
- 8 Reasoning
- 9 Number Series
- 10 Letter Series
- 11 Coding and Decoding
- 12 Direction Sense
- 13 Blood Relations
- 14 Mathematical Reasoning
- 15 Speed, Distance and Time
- 16 Statements and Conclusions

05 General Science

8 topics · 10 marks

RECOMMENDED BOOKS

— NCERT Science Textbooks (Class 9-10)

— Lucent's General Science

- 1 Basics of Physics, Chemistry and Biology
 - 2 Various sources of energy
 - 3 Communicable & Non-Communicable Diseases
 - 4 Minerals in plants
 - 5 Vitamins- Diseases related to vitamin deficiency
 - 6 Ecosystem - Its components, Food chains and Food webs
 - 7 Environmental pollution
 - 8 Ozone layer, its depletion, Green House Effect
-

10 topics - 10 marks

RECOMMENDED BOOKS

— Objective Computer Knowledge & Literacy by Kiran Prakashan

— Arihant Computer Awareness

- 1 Basics of Computers and Components
- 2 Fundamentals of Computer Science
- 3 Input and Output Devices
- 4 MS Word, Excel, Access, PowerPoint, PDF
- 5 Internet and Email
- 6 Computer Virus and Anti-virus
- 7 Hardware, Software and Firmware
- 8 CPU, Storage Media
- 9 Humanware
- 10 Role of Information Technology in Governance

6 subject(s), 85 topics listed above. Verify critical details with the official exam notification before applying.